

# 2010 Elite Athlete Squad

## Application for Acceptance

(Please note: Upon acceptance of this application each athlete, and his or her parents, must release permission for accumulative results to be published for clinical research pertaining to maximizing peak performance using the clinical model utilized in the *Edge* Package.)

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email address: \_\_\_\_\_

High School: \_\_\_\_\_ Grade in 2010-2011: \_\_\_\_\_

Please list the sports you play: \_\_\_\_\_

Accomplishments by Sport: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Without being sport specific, list your greatest strengths and weaknesses as an athlete (for example: speed, quickness, mental toughness, endurance, etc.)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

This application requires a coach's recommendation. Please get permission for our team to contact your coach before completing the application.

Coach's Name and Position: \_\_\_\_\_

Phone #: \_\_\_\_\_

The 2010 Elite Squad will be chosen by a panel of coaches and clinicians. The athletes will be a cross representation of the top male and female athletes from the greater Minneapolis/St. Paul school districts. The selection process is regulated by *Bristlecone* Med-Fitness and will be determined by interview, application and coach recommendation; positions on the 2010 squad are limited, not all applicants will be asked to participate.

As a member of the 2010 Squad, you will receive a discounted rate of \$899.00 for the complete *Edge* experience (Regular rate, \$1200.00). This discounted rate is predicated upon the permission to use your results for clinical research and the receipt of 25 names, addresses and phone #'s of other top level athletes you believe could benefit from an *Edge* package. These aforementioned names are due the initial day of your *Edge* package.